

Needs

What Do You Need To Be Your Best?

Which of the following needs are important for you to have met have in your life? Check the ones that apply to you.

- A task
- Abundance
- Acclaim
- Accuracy
- Achieve
- Affect others
- Agreements
- Alert
- Allowed
- Appreciated
- Approved
- Assurance
- Attain
- Authority
- Autonomous
- Balance
- Be a critical link
- Be accepted
- Be acknowledged
- Be adored
- Be advocated
- Be attended to
- Be busy
- Be cared for
- Be comfortable
- Be confirmed
- Be craved
- Be deferred to
- Be desired
- Be devoted
- Be encouraged
- Be free
- Be heard
- Be helped
- Be important
- Be included
- Be known for
- Be listened to
- Be loved
- Be material
- Be needed
- Be respected

- Be noticed
- Be obeyed
- Be popular
- Be praised
- Be preferred
- Be prized
- Be relished
- Be remembered
- Be right
- Be saved
- Be touched
- Be treasured
- Be useful
- Be worthy
- Calmness
- Capacity
- Cared about
- Career
- Cautious
- Celebrated
- Certainty
- Checklists
- Cherished
- Clarity
- Command
- Comment
- Commitments
- Complimented
- Consistent
- Consummate
- Cool
- Correct
- Correct others
- Deliberate
- Do the right thing
- Dominate
- Duty
- Embraced
- Esteemed
- Exactness
- Excess
- Flattered
- Follow
- Forthrightness
- Frankness
- Fulfill
- Fully informed
- Get attention
- Get credit
- Get gifts
- Gossip

- Guarantees
- Guarded
- Have a cause
- Have a task
- Heeded
- Held fondly
- Honest
- Honesty
- Honored
- Immune
- Improve others
- Independent
- Indulgence
- Industriousness
- Influence
- Informed
- Keep status quo
- Liberated
- Liked
- Literal-ness
- Loyalty
- Luxury
- Make a point
- Make it happen
- Manage
- Might
- Morally right
- Need to give
- No lying
- No sneaky-ness
- No secrets
- Not ignored
- Not mistaken
- Not obligated
- Not work
- Obey
- Obligated
- Obviousness
- Omnipotence
- Opulence
- Order
- Peace
- Perfection
- Performance
- Permitted
- Please others
- Power
- Precision
- Prerogative
- Press, push
- Privileged

- Profit
- Promises
- Prosperity
- Protected
- Prove self
- Quietness
- Reach
- Realize
- Recognition
- Reconciliation
- Regarded well
- Regulated
- Respected
- Respite
- Responsibility
- Restrain
- Restrict
- Results
- Right-ness
- Safety
- Sanctioned
- Satisfy others
- Security
- Seen
- Self-reliant
- Sequential
- Served
- Share
- Sincerity
- Sovereign
- Stable
- Stamina
- Steadiness
- Stillness
- Strength
- Symmetry
- Taken care of
- Talk
- Tell all
- Tell stories
- Tenderness
- Thanked
- To accomplish
- To communicate
- To control
- Tolerated
- Understood
- Unity
- Unrestricted
- Unvarying
- Uprightness

- Valued
- Victory
- Vigilant
- Vocation
- Work
- Yield

In the space below make a list of the needs you've just identified:

Next to each need make a notation of things you will do to insure that these needs are met every day?

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